

SUMMER

BUCKET LIST

OUTDOOR ADVENTURES

- Go on a nature scavenger hunt
- Fly a kite at the park
- Build a backyard obstacle course
- Camp out in the backyard
- Visit a new playground
- Pick wildflowers or go berry picking
- Watch a sunset or sunrise together
- Explore a new trail or hiking path
- Go on a family bike ride

GET CRAFTY

- Tie-dye old shirts or pillowcases
- Paint kindness rocks
- Make a popsicle stick picture frame
- Build a fairy garden
- Create chalk art murals
- Make a summer scrapbook or journal
- DIY bird feeder with peanut butter & seeds
- Craft summer postcards to mail to family
- Decorate mason jars for night lanterns

COOL DOWN FUN

- Run through the sprinkler
- Host a water balloon toss
- Make homemade popsicles
- Build a DIY slip-n-slide
- Go to a splash pad or pool
- Freeze toys in ice and excavate them
- Make your own ice cream
- Try an outdoor bubble party
- Set up a mini car wash (bikes count!)

AT HOME FAVORITES

- Host a Family Movie Night
- Bake cookies or cupcakes
- Play board games/card games
- Have an indoor picnic
- Build a fort and read books
- Create your own family trivia night
- Make a blanket fort for movie watching
- Do a no-screens afternoon challenge
- Plan a Yes Day (let the kids decide the day!)